Text: John 3: 1-21
Subject: The Lord and Nicodemus
Dole Notes: Volume: 6 Chapter: 138 Page: 33
Age Group: Junior, 9-11

**Basic supplies:**
- Heavy white paper (large)
- Scissors, ruler
- Protractors
- Thin markers
- Tape, pencils

**Teacher preparation:**
- Read TCR 687 and have in mind (or write a list of) the vivid descriptions of regeneration there
- Make sample
- Cut paper into strips, just under 2" wide, and 23" long

**Procedure:**
- Using protractors to get a 60° angle, fold paper strip into equilateral triangles (try to fold carefully)
- You need 19 triangles—trim off excess
- Fold along fold lines in a spiral, up and down (now it will be 10 triangles long)
  - Lightly in pencil, number these 10 triangles (the single layer being “1”)
- Fold between triangles 2-3, triangles 5-6, and triangles 8-9 such that $2 \times 3$
  - Fold away from each other, 5 & 6 fold facing each other, and 8 & 9 fold away
- Fold down triangle 10 & tape (numbered sides on outside) to triangle 1
- Now by bending 3 outside corners in so they touch, and folding inside out, you will change the surface of triangles
  - There are 6 surfaces altogether (you may have to experiment awhile to find them)
  - On each of the 6 surfaces, draw an image of regeneration from TCR

**Notes:** The "unending circle" of folding and the illustrations are meant to demonstrate the cycle of regeneration; you could draw pictures on each of the triangles of a surface to make more of a kaleidoscope (this solves the problem of the triangles sometimes inverting)

**Music:** First songs 14, 17
- Lori's tape: You are the Vine, Blessed is He that Foareth
- Liturgy: You wake up