

## **SPIRITUAL TASK—NADAB AND ABIHU** (Leviticus 10)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Story** Nadab and Abihu offered strange fire on the altar of incense before the Lord. As a result fire came out from the Lord and killed them.

**Meaning** In our spiritual lives we struggle to find the appropriate motivation for the things we do. Instead of always acting from humility, love, regard for others, wise thinking, and innocence we can be driven by self-seeking or “strange fire”. As with Nadab and Abihu, this self-seeking is what can kill us spiritually.

**Task** This week take five minutes in the morning and five minutes in the evening to pray. Prayer can happen any time and in any form, but for these two prayer times find a quiet, private place and get on your knees and pray. Talk with the Lord about your wants, desires, struggles, reasons for gratitude, and where in your life you need His help. Afterwards take a moment to reflect and observe the “whys” behind what you are praying about and for. See if you can get a glimpse of your motives. If you find some unhealthy motive in your prayer life, next time pray as before and ask the Lord for help with the little glitch you uncovered. Repeat this process each time you pray.