SPIRITUAL TASK—LIVING AND GROWING SPIRITUALLY (Luke 6)  
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Story “Why do you call me 'Lord,' when you won't obey me? I will show you what it's like when someone comes to me, listens to my teaching, and then obeys me. It is like a person who builds a house on a strong foundation laid upon the underlying rock. When the floodwaters rise and break against the house, it stands firm because it is well built.” [Luke 6]

Meaning To develop heavenly character we need to develop faith in the Lord. Faith is developed when we approach the Lord, learn the truths in His Word, and live by them. These efforts build the kind of spiritual foundation spoken of in the example given about the person building his house on a rock. We will be able to stand up to the onslaughts of fear, doubt and worry and will be able to resist the selfish desires that spring up and try to get us to shift our thinking or actions, or attempt to undermine our spiritual efforts.

Task This week try to do each of the three things that build faith each day. 1) approach the Lord - prayer, reading, focused attention, etc. 2) learn truths from His Word (learning is different than just reading). And 3) Live by them - make a concerted effort to say no to something you know you need to. This is the first step of living—it is leaving an old habit, thought pattern or intention. Shun it - which means to run away!